

April Lunch Menu

				1 Stir Fry Chicken W/ Broccoli Cheese Manicotti BBQ Beef Cubes Onion Gravy Steamed Rice Barley with Winter Vegetables French Style Green Beans Carrots on Griddle Mediterranean Lima Beans	2 Turkey Lentil Chili Hot Italian Sausage Stuffed Baked Fish Cream Gravy Roasted Rosemary Potato Wedges Harvest Blend Rice Roasted Brussel Sprouts Roasted Carrots w/ Rosemary Mediterranean Grilled Asparagus	3 Salmon w/Maple Ginger Glaze Broccoli Quiche Roast Beef Brown Gravy Hopping John Rice Glazed Sweet Potatoes Green Beans w/ Mushrooms Olive Oil Braised Carrots w/ Warm Spices Broccoli Combo
4 Lemon Pepper Catfish Spaghetti w/ Turkey Meatsauce Baked Dijon Pork Chop Mushroom Gravy Quinoa Southwest Pilaf Rissole Potatoes Savory Style Beans Broccoli Parmesan Corn Combo	5 Marinated Tomatoes With Penne and basil Cajun Chicken Beef Stew Chicken Gravy Garlic Mashed Potatoes Red Beans & Rice Braided Cabbage Spinach Savory Summer Squash	6 Baked Florentine Turkey Roulade Braised Beef & Noodles Sweet & Spicy Orange Salmon Brown Gravy Mashed Potatoes Oriental Rice Peas Tempura Vegetables Oriental Stir Fry Cabbage	7 Fish Onion-Lemon Baked Ground Turkey Lasagna Chili Mac Onion 'gravy Orzo with Lemon & Herbs Baked Potato Halves Scalloped Corn Green Beans w/Feta Roasted Carrots w/ Rosemary	8 Honey Ginger Chicken Tuna Noodles Cantonese Spareribs Brown Gravy Sweet Potatoes Southern Style Lyonnaise Rice Honey Glazed Pea Pods & Carrots Japanese Stir Fry Vegetables Creamed Corn	9 Yankee Pot Roast Chicken Cacciatore Oven Fried Fish Cream Gravy Rice Pilaf Crispy Potato Wedges Harvard Beets Black Eyed Peas French Style Green Beans	10 Beef Stir Fry Salmon w/ Maple Ginger Glaze Chicken Bulgogi Onion Gravy O'Brien Potatoes Brown Rice Garlic Peas Mixed Vegetables Fried Cauliflower
11 Potato w. Bacon Soup Hot and Spicy Chicken Spinach Lasagna Mambo Pork Roast Chicken Gravy Buttered Egg Noodles Parsley Buttered Potatoes Mexican Corn Cajun Style Vegetables Sautéed Collard Greens	12 Baja Fish Taco Beef and Corn Pie Eggplant Parmesan Brown Gravy Mashed Potatoes Islander Rice Roasted Cauliflower Grilled Asparagus Carrots	13 Turkey Ala King Grilled Salmon w/ Citrus Butter Cheese Tortellini w/ Marinara Brown Gravy Buttered Parsley Potatoes Steamed Rice Green Beans w/ Mushrooms Summer Squash Peas and Carrots	14 Chicken with Dumplings Almond Crusted Cod Grilled Steak Brown Gravy Long Grain & Wild Rice Baked Potato Sautéed Mushrooms and Onions Carrots Spinach Club Corn on the Cob	15 Herbed Baked chicken Lemon Basil Shrimp Pasta Pepper Steak Mushroom Gravy Scalloped Potatoes Steamed Rice Roasted Zucchini Squash Fried Cabbage Corn Calico	16 Swiss Steak w. Brown Gravy Cranberry Glazed Chicken Pork Roast Tenderloin Brown Gravy Brown Rice w/Vegetables Roasted Red Skin Potatoes Herbed Green Beans Savory Style Beans Roasted Brussel Sprouts	17 Jamaican Chicken Pasta Primavera Grilled Pork Mushroom Gravy Parmesan Rice Sweet Potatoes Southern Style Curried Cauliflower Glazed Carrots Hash Kale and Vegetables
18 Swedish Meatballs Lemon Baked Fish Italian Broccoli Pasta Brown Gravy Barley Pilaf Buttered Egg Noodles Roasted Zucchini Squash Corn Okra Mélange	19 BBQ Beef Cubes Polynesian Fillet Stir Fried Garden Vegetables Onion and Mushroom Gravy Crispy Potato Wedges Brown Rice Vegetable Medley Roasted Cauliflower Herbed Green Beans	20 Shrimp Stir Fry Pasta Toscano Chicken Fajitas Chicken Gravy Mashed Potatoes Steamed Rice Broccoli Cauliflower Combo Sesame Glazed Chicken	21 Chicken Enchilada Pasta Provencal Fish w/SW Salsa Hacienda Potatoes Southwestern Rice Olive Oil Braised Carrots w/ Warm Spices Hacienda Green Beans Peas w/Mushrooms and Onions	22 Turkey and Spinach Meatloaf Lasagna Baked Salmon Brown Gravy Quinoa Garden Pilaf Jefferson Noodles French Style Pass Corn O'Brein Summer Squash	23 Pineapple BBQ Meatballs Crispy Oven Baked Chicken Lemon Baked Fish Brown Gravy Orzo with Lemon and Herbs Oven Browned Potatoes Broccoli Polonaise Corn on the Cob Boston Baked Beans	24 Chicken Fajita Quinoa Taco Lasagna Pork Chops Mexicana Brown Gravy Spanish Rice Buttered Parsley Potatoes Peas w/ Onions Zucchini & Yellow Squash Casserole Cauliflower Parmesan
25 Turkey Lentil Chili California Veggie Quesadilla Braided Spareribs Brown Gravy Baked Macaroni and Cheese Lyonnaise Rice Collard Greens Savory Style Green Beans Cauliflower	26 Spinach Lasagna Basil Baked Fish Grilled Steak Cream Gravy Rice Pilaf Baked Potato Grilled Asparagus Cauliflower Parmesan Mushrooms Rosemary	27 Grilled Pork Chops Baked Salmon Savory Baked Chicken Onion Gravy Mashed Potatoes Corn Bread Dressing Mixed Vegetables Okra Mélange Corn Calico	28 Pineapple BBQ Meatballs Baked Fish w/Lemon Garlic Butter Marinated Tomatoes w/Penne and Basil Brown Gravy Sicilian Brown Rice Potatoes O'Brien Oriental Stir Fry Cabbage Cauliflower Au Gratin Peas w/ Onions	29 Caribbean Chicken Zesty Pork Chops Caribbean Catfish Red Beans & Rice Roasted Pepper Potatoes Chicken Gravy Corn on the Cob Simmered Pinto Bean Fried Cabbage	30 Crispy Oven-Baked Chicken Fish w/South West Salsa Beef Bulgogi Onion Gravy Brown Rice Sweet Potatoes Southern Style Corn O'Brien Roasted Cauliflower Herbed Green Beans	