

March Lunch Menu

					1 Ginger BBQ Chicken Shrimp Scampi Zesty Pork Chops Chicken Gravy Potatoes and Herbs Rice Pilaf Corn Combo Mixed Vegetables Peas	2 Baked Salmon Teriyaki Chicken Pork Schnitzel Brown Gravy Baked Potato Parmesan Rice Spinach Japanese Stir Fry Vegetables Cauliflower Parmesan
3 Cheese Tortellini with Marinara Savory Baked Chicken Grilled Steak Chicken Gravy Baked Sweet Potato Baked Mac and Cheese Roasted Carrots w/ Rosemary Corn Calico Spinach	4 Grilled Pork Chops Teriyaki Steak Oven Fried Fish Turkey Gravy Long Grain & Wild Rice Rissolle Potatoes Cauliflower Spinach Summer Squash	5 Baked Salmon Easy Chow Mein w/Chicken Hamburger Yakisoba Cream Gravy Roasted Pepper Potatoes Fried Rice with Eggs Carrots Broccoli Mix Vegetables	6 Basil Baked Fish Herbed Baked Chicken Swiss Steak w/ Brown Gravy Brown Gravy Steamed Rice Scalloped Potatoes Mixed Vegetables Boston Baked Beans Grilled Asparagus	7 Baked Fish Grilled Steak BBQ Chicken Brown Gravy Wild Rice Garlic Mashed Potatoes Corn Combo Green Beans Fried Cauliflower	8 Cranberry Glazed Chicken Lemon Pepper Catfish Stuffed Baked Pork Chops Brown Gravy Steamed Rice Baked Sweet Potato French Green Beans Carrots Cauliflower	9 Stir Fry Chicken w/Broccoli Stuffed Fish Brown Gravy Long Grain & Wild Rice Garlic Mashed Potatoes Cauliflower Combo Spinach Club Scalloped Corn
10 Ginger BBQ Chicken Teriyaki Steak Mushroom Gravy Rice Pilaf Jefferson Noodles Japanese Stir Fry Vegetables Peas Herbed Green Beans	11 Creole Fish Fillets Polish Sausage Herbed Baked Chicken Chicken Gravy Franconia Potatoes Rice with Broccoli and Cheese Corn Calico Savory Style Beans Broccoli	12 Pork Chops w/Pineapple Asian Glaze Sweet and Spicy Orange Salmon Lasagna Brown Gravy Steamed Rice Buttered Egg Noodles Succotash Broccoli Roasted Carrots w/ Rosemary	13 Ground Turkey Lasagna Cheese Tortellini with Marinara Parmesan Fish Onion Gravy Rosemary Roasted Potato Wedge Steamed Rice Green Beans Peas and Carrots Cauliflower	14 Honey Ginger Chicken Shrimp Scampi BBQ Spareribs Brown Gravy Roasted Pepper Potatoes Corn Bread Dressing Peas w/ Mushrooms and Onions Broccoli Combo Roasted Cauliflower	15 Jerk Roast Turkey Spaghetti w/Meat Sauce Southern Fried Catfish Cream Gravy Rice Pilaf Baked Mac and Cheese Corn Black Eyed Peas Peas	16 Grilled Pork Chops Turkey and Spinach Meatloaf Turkey Gravy Wild Rice Oven Browned Potatoes Succotash Carrots Cauliflower Combo
17 Cheese Tortellini with Marinara Spaghetti w/Meat Sauce Chicken Gravy Potatoes and Herbs Parmesan Rice Garlic Peas Broccoli Succotash	18 Mediterranean Salmon Cantonese Spareribs Caribbean Chicken Onion Gravy Crispy Potato Wedges Islander Rice Broccoli Polonaise Corn Simmered Pinto Beans	19 Zesty Pork Chops Swiss Steak w/Brown Gravy Baked Fish W/ Lemon Garlic Butter Brown Gravy Steamed Rice Jefferson Noodles Fried Cabbage Mixed Vegetables Roasted Carrots w/ Rosemary	20 Ginger BBQ Chicken Beef Corn Pie Shrimp Scampi Brown Gravy Hopping John Rice Baked Sweet Potato Summer Squash Au Gratin Scalloped Corn	21 Fiesta Fish Turkey Swedish Meatballs Parmesan Crusted Pork Chop Mushroom Gravy Buttered Parsley Potatoes Wild Rice Boston Baked Beans Glazed Carrots Cauliflower Parmesan	22 Baked Fish w/Lemon Garlic Butter Beef Ball Stroganoff Baked Chicken Brown Gravy Baked Potato Halves Orzo with Lemon and Herbs Fried Cabbage French Green Beans Corn Calico	23 Polynesian Fillet Hot and Spicy Chicken Chicken Gravy Baked Potato Pork Fried Rice Succotash Fried Cabbage Roasted Cauliflower
24 Jerk Roast Turkey Creole Shrimp Turkey Gravy Long Grain & Wild Rice Rissolle Potatoes Carrots Corn O'Brien Fried Cauliflower	25 Chili Mac Mexican Pork Chops Chicken Enchiladas Onion and Mushroom Gravy Franconia Potatoes Mexican Rice Corn Broccoli Garlic Peas	26 Pork Roast Tenderloin Turkey A La King Salmon w/Maple Ginger Glaze Chicken Gravy Potatoes and Herbs Steamed Rice Grilled Asparagus Corn Mix Vegetables	27 Southwestern Fish Veal Parmesan Mr Z's Baked Chicken Chicken Gravy Baked Sweet Potato Spanish Rice Mexican Corn Hacienda Green Beans Spinach Club	28 Grilled Honey Sriracha Chicken Grilled Steak Grilled Salmon w/Citrus Butter Brown Gravy Baked Potato Halves Buttered Egg Noodles Herbed Green Beans Carrots Creamed Corn	29 Caribbean Chicken Shrimp Jambalaya Braised Ribs Chicken Gravy Crispy Potato Wedges Oriental Rice Peas and Carrots Succotash Green Beans	30 Asian BBQ Turkey Teriyaki Pork Steak Brown Gravy Filipino Rice Garlic and Soy Roasted Potatoes Mixed Vegetables Cauliflower Grilled Asparagus
31 Stuffed Green Peppers Fried Shrimp Brown Gravy Mashed Potatoes Rice Pilaf Green Beans w/Mushroom Corn on the Cobb Mixed Vegetables						