

# March Dinner Menu

					1 Caribbean Chicken Shrimp Jambalaya Braised Ribs Chicken Gravy Crispy Potato Wedges Oriental Rice Succotash Summer Squash Peas and Carrots	2 Shrimp Stir Fry Asian BBQ Turkey Teriyaki Pork Steak Brown Gravy Filipino Rice Garlic and Soy Roasted Potatoes Mixed Vegetables Cauliflower Grilled Asparagus
3 Turkey Lentil Chili Stuffed Green Peppers Fried Shrimp Brown Gravy Mashed Potatoes Rice Pilaf Green Beans w/Mushroom Corn on the Cobb Zucchini Fritters	4 Baked Fish w/Lemon Garlic Butter Beef Ball Stroganoff Southern Fried Chicken Brown Gravy Steamed Rice Buttered Egg Noodles Carrots Succotash Green Beans	5 Beef Corn Pie Grilled Pork Chops Herbed Baked Chicken Onion Gravy Buttered Parsley Potatoes Rice with Broccoli and Cheese Peas Simmered Pinto Beans Corn Calico	6 Caribbean Chicken Salmon w/Maple Ginger Glaze Cantonese Spareribs Brown Gravy Red Beans & Rice Franconia Potatoes Broccoli Combo Cauliflower Peas	7 Chicken Florentine Tuna Noodles Spaghetti Chicken Gravy Oven Browned Potatoes Steamed Rice Creamed Corn Mixed Vegetables Green Beans	8 Shrimp Chop Suey Pineapple BBQ Meatballs Braised Ribs Onion Gravy Roasted Pepper Potatoes Pork Fried Rice Japanese Stir Fry Vegetables Peas and Carrots Mixed Vegetables	9 Chicken A La King Parmesan Crusted Pork Chop Chicken Gravy Steamed Rice Rosemary Roasted Potato Wedge Roasted Carrots w/ Rosemary Garlic Peas French Green Beans
10 Baked Chicken Spinach Lasagna Brown Gravy Wild Rice Mashed Potatoes Black Eyed Peas Grilled Asparagus Succotash	11 Baked Fish w Lemon Garlic Butter Santa Fe Glazed Chicken Cajun Meatloaf Turkey Gravy Roasted Pepper Potatoes Islander Rice Corn Green Beans w/Mushroom Fried Cauliflower	12 Hot and Spicy Chicken Grilled Steak Pork Adobo Brown Gravy Baked Potato Steamed Rice Carrots Corn on the Cobb Mixed Vegetables	13 Baked Salmon Mexican Baked Chicken Grilled Steak Chicken Gravy Crispy Potato Wedges Spanish Rice Corn on the Cob Broccoli Peas w/ Mushrooms and Onions	14 Cajun Chicken Shrimp Stir Fry Hamburger Yakisoba Brown Gravy Potatoes and Herbs Jefferson Noodles Succotash Broccoli Mixed Vegetables	15 Pork Roast Tenderloin Grilled Honey Sriracha Chicken Beef Yakisoba Brown Gravy Baked Sweet Potato Oriental Rice Herbed Green Beans Scalloped Corn Carrots	16 Baja Fish Tacos Salisbury Steak Brown Gravy Corn Bread Dressing Steamed Rice Green Beans Cauliflower Parmesan Glazed Carrots
17 Fish w/Southwest Salsa Beef and Corn Pie Cream Gravy Baked Mac and Cheese Baked Potato Halves Corn Combo Spinach Cauliflower	18 Polynesian Fillet Asian BBQ Turkey Teriyaki Pork Steak Turkey Gravy Filipino Rice Buttered Egg Noodles Sesame Glazed Green Beans Cauliflower Carrots	19 Mexican Pork Chops Steak Ranchero Chicken Fajitas Onion Gravy Mexican Rice O'Brien Potatoes Refried Beans Mexican Corn Broccoli	20 Spinach Lasagna Country Style Fried Steak Baked Turkey and Noodles Cream Gravy Oven Browned Potatoes Rice Pilaf Peas w/ Mushrooms and Onions Broccoli Combo Mixed Vegetables	21 Grilled Pork Chop Grilled Salmon w/Citrus Butter Hamburger Yakisoba Brown Gravy Steamed Rice Scalloped Potatoes Spinach French Style Peas Corn O'Brien	22 Baked Turkey Roulade Florentine Parmesan Fish Country Style Steak Mushroom Gravy Steamed Rice Garlic Mashed Potatoes Roasted Carrots w/ Rosemary Cauliflower Succotash	23 Basil Baked Fish BBQ Chicken Chicken Gravy Buttered Parsley Potatoes Steamed Rice Creamed Corn Simmered Pinto Beans Spinach Club
24 Chicken Bulgogi Teriyaki Steak Onion Gravy Potatoes and Herbs Fried Rice with Eggs Japanese Stir Fry Vegetables Green Beans w/Mushroom Corn	25 Baked Fish w/Lemon Garlic Butter Orzo w/ Spinach, Tomato, and Onion Chicken Parmesan Chicken Gravy Steamed Rice Oven Browned Potatoes French Green Beans Cauliflower Combo Corn O'Brien	26 Creole Fish Fillets Orange Rosemary Honey Glazed Pork Chop Chicken Cordon Bleu Chicken Gravy Hopping John Rice Rosemary Roasted Potato Wedge Peas Broccoli Fried Cabbage	27 Santa Fe Glazed Chicken Sweet and Spicy Orange Salmon Stuffed Baked Pork Chops Onion Gravy Long Grain & Wild Rice Roasted Pepper Potatoes Spanish Style Beans Peas and Carrots Succotash	28 Manicotti Mambo Pork Roast Lemon Pepper Baked Chicken Brown Gravy Wild Rice Mashed Potatoes Fried Cabbage French Style Peas Glazed Carrots	29 Ginger BBQ Chicken Shrimp Scampi Zesty Pork Chops Chicken Gravy Potatoes and Herbs Steamed Rice Corn Combo Cauliflower Peas	30 Baked Salmon Teriyaki Chicken Brown Gravy Baked Potato Parmesan Rice Spinach Japanese Stir Fry Vegetables Cauliflower Parmesan
31 Cheese Tortellini with Marinara Savory Baked Chicken Chicken Gravy Baked Sweet Potato Baked Mac and Cheese Roasted Carrots w/ Rosemary Corn Calico Broccoli						