

February Lunch Menu

					1 Ginger BBQ Chicken Shrimp Kebab Zesty Pork Chops Chicken Gravy Potatoes and Herbs Steamed Rice Corn Combo Savory Summer Squash Peas	2 Teriyaki Chicken Pork Schnitzel Brown Gravy Baked Potato Parmesan Rice Spinach Herbed Green Beans Cauliflower Parmesan
3 Cheese Tortellini with Marinara Savory Baked Chicken Chicken Gravy Baked Sweet Potato Baked Mac and Cheese Succotash Corn Calico Southern Style Collard Greens	4 Baked Fish w/Lemon Garlic Butter Beef Ball Stroganoff Southern Fried Chicken Brown Gravy Brown Rice Buttered Egg Noodles Carrots Succotash Green Beans	5 Yankee Pot Roast Grilled Pork Chops Bourbon Chicken Onion Gravy Buttered Parsley Potatoes Rice with Broccoli and Cheese Peas Simmered Pinto Beans Corn Calico	6 Caribbean Chicken Salmon w/Maple Ginger Glaze Cantonese Spareribs Brown Gravy Red Beans & Rice Franconia Potatoes Brussel Sprouts Savory Summer Squash Broccoli Combo	7 Chicken Florentine Tuna Noodles BBQ Beef Cubes Chicken Gravy Oven Browned Potatoes Steamed Rice Creamed Corn Collard Greens Zucchini Fritters	8 Shrimp Chop Suey Pineapple BBQ Meatballs Sweet and Sour Spareribs Onion Gravy Roasted Pepper Potatoes Pork Fried Rice Japanese Stir Fry Vegetables Peas and Carrots Tempura Vegetables	9 Chicken A La King Parmesan Crusted Pork Chop Chicken Gravy Steamed Rice Rosemary Roasted Potato Wedge Roasted Carrots w/ Rosemary Garlic Peas French Green Beans
10 Marinated Tomatoes With Penne And Basil Baked Chicken Brown Gravy Quinoa Garden Pilaf Mashed Potatoes Black Eyed Peas Okra Melange Grilled Asparagus	11 Santa Fe Glazed Chicken Fiesta Fish Cajun Meatloaf Turkey Gravy Roasted Pepper Potatoes Islander Rice Corn Green Beans w/Mushroom	12 Hot and Spicy Chicken Grilled Steak Pork Adobo Brown Gravy Baked Potatoes Steamed Rice Sautéed Collard Greens w/Garlic Corn on the Cobb Mixed Vegetables	13 Baked Salmon Mexican Baked Chicken Beef Fajita Quinoa Chicken Gravy Crispy Potato Wedges Spanish Rice Hacienda Corn and Black Beans Peas w/ Mushrooms and Onions Summer Squash	14 Cajun Chicken Shrimp Stir Fry Roast Beef Brown Gravy Potatoes and Herbs Jefferson Noodles Succotash Collard Greens Fried Okra	15 Pork Roast Tenderloin Grilled Honey Sriracha Chicken Beef Yakisoba Brown Gravy Baked Sweet Potato Oriental Rice Herbed Green Beans Scalloped Corn Tempura Vegetables	16 Baja Fish Tacos Salisbury Steak Brown Gravy Spicy Brown Pilaf Rice Corn Bread Dressing Green Beans Cauliflower Parmesan Glazed Carrots
17 Fish w/SouthWest Salsa Beef and Corn Pie Cream Gravy Baked Mac and Cheese Baked Potato Halves Corn Combo Spinach Savory Summer Squash	18 Polynesian Fillet Asian BBQ Turkey Teriyaki Pork Steak Turkey Gravy Filipino Rice Buttered Egg Noodles Sesame Glazed Green Beans Cauliflower Carrots	19 Mexican Pork Chops Chicken Fajitas Quinoa Steak Ranchero Onion Gravy Mexican Rice O'Brien Potatoes Refried Beans Mexican Corn Broccoli	20 Barley and Spinach Stew Country Style Fried Steak Baked Turkey and Noodles Cream Gravy Oven Browned Potatoes Rice Pilaf Peas w/ Mushrooms and Onions Broccoli Combo Mixed Vegetables	21 Baked Dijon Pork Chop Grilled Salmon w/Citrus Butter Asian Bourbon Beef & Vegetables over Noodles Brown Gravy Brown Rice Scalloped Potatoes French Style Peas Corn O'Brien Southern Style Collard Greens	22 Baked Turkey Roulade Florentine Parmesan Fish Country Style Steak Mushroom Gravy Harvest Blend Rice Garlic Mashed Potatoes Harvest Vegetable and Bean Ragout Roasted Carrots w/ Rosemary Cauliflower	23 Basil Baked Fish BBQ Chicken Chicken Gravy Buttered Parsley Potatoes Steamed Rice Creamed Corn Simmered Pinto Beans Spinach Club
24 Chicken Bulgogi Teriyaki Steak Onion Gravy Potatoes and Herbs Fried Rice with Eggs Japanese Stir Fry Vegetables Green Beans w/Mushroom Corn	25 Baked Fish w/Lemon Garlic Butter Orzo w/ Spinach, Tomato, and Onion Chicken Parmesan Chicken Gravy Brown Rice with Vegetable Sicilian Oven Browned Potatoes French Green Beans Cauliflower Combo Corn O'Brien	26 Creole Fish Fillets Orange Rosemary Honey Glazed Pork Chop Chicken Cordon Bleu Chicken Gravy Hopping John Rice Rosemary Roasted Potato Wedge Peas Summer Squash Brussel Sprouts	27 Santa Fe Glazed Chicken Sweet and Spicy Orange Salmon Stuffed Baked Pork Chops Onion Gravy Long Grain & Wild Rice Roasted Pepper Potatoes Spanish Style Beans Peas and Carrots Succotash	28 Beef Bulgogi Mambo Pork Roast Lemon Pepper Baked Chicken Brown Gravy Spicy Brown Pilaf Rice Mashed Potatoes Fried Cabbage French Style Peas Glazed Carrots		