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NAF employees eligible for new health incentive credit

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SAN ANTONIO – Nonappropriated fund (NAF) federal employees who participate in the NAF Department of Defense Health Benefits Program are now eligible to earn a health incentive credit.

Beginning Jan. 1, health plan participants may earn a \$100 health incentive credit when they complete the Simple Steps to a Healthier Life online health assessment or complete a routine physical exam. Participating family members may also earn the credit.

For a family of two the maximum credit is \$200, and for a family of three or more, the maximum credit is \$300. The credit will be automatically applied to the next deductible or co-insurance expense. Co-insurance is the percentage of the covered expenses paid after the calendar year deductibles are met.

The incentive does not apply to co-pays. Any credit remaining at the end of the health plan year will roll over to the next year, for up to three years.

To access the health assessment, visit www.aetna.com and log in to the Aetna Navigator by selecting “Member Log In.” More details are available in the “Your Life, Your Health 2011 Health Benefits Program” open enrollment booklet.

More information about NAF employee benefits can be found at <http://www.cpms.osd.mil/nafppo> or through a local human resource office.